

TOP
10

Tips for good piano posture

Sound, look, and feel your best by following these 10 expert tips for good piano posture.



Piano Posture Checklist

- ✓ Fingers lightly curved
- ✓ Align head, shoulders and hips
- ✓ Strong yet flexible wrist (don't squish fruit under palm)
- ✓ Wrist aligned with forearm
- ✓ Bottom glued to seat
- ✓ Have fun!



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no prior experience required.